



North Sound Behavioral Health Advisory Board

Agenda

September 2, 2025

1:00 p.m. – 3:00 p.m.

Call to Order and Introductions

Revisions to the Agenda

Approval of August Minutes

Brief Announcements or Questions from the Public

Executive Committee Report

Executive Director's Report

Executive Committee Action Items Recommendations

Old Business

New Business

- 2025 Legislative Summit
- New Day Recovery Café Site Visit
- ITUHA Stabilization Facility Site Visit
- Holiday Potluck
- 2026-2027 Advisory Board Officer Voting Process

Report from Advisory Board Members

Adjourn



North Sound Behavioral Health Advisory Board Minutes

August 5, 2025

1:00 p.m. – 3:00 p.m.

Advisory Board (AB) Members Present in-Person

AB Members Present via Zoom

- o Kara Allen, Advisory Board Chair, Whatcom
- o Mark McDonald, Whatcom County
- o Chris Garden, Vice Chair, Island County
- o Gay Lynn Beighton, Snohomish
- o Julie Melville, Island County
- o Pat O'Maley Lanphear, Snohomish County
- o Marie Jubie, Snohomish County
- o Mark McDonald, Whatcom County
- o Alan Friedlob, Whatcom County
- o Candy Trautman, Island County
- o Mary Uri, San Juan County

AB Members Excused

- o Jana Robison, Snohomish County
- o Fred Plappert, Snohomish County
- o Jeannette Anderson, Skagit County
- o Cathie Murphey, Whatcom County

Guests Present via Zoom/Present in Person

- o Lisa Day, Office of Behavioral Health Advocacy
- o Michael O'Brien Snohomish County Human Resource
- o Megan Sarver Snohomish County Human Resource

MCO Partners Present via Zoom

- o Marci Bloomquist, CHPW
- o Nikki Jones, UHC

North Sound BH-ASO Staff Present in-Person

- o Maria Arreola, NS BH-ASO
- o JanRose Ottaway Martin, NS BH-ASO
- o Michael McAuley, NS BH-ASO

Call to Order and Introductions

- Kara Allen, AB Chair, called the meeting to order and initiated introductions.

Revisions to the Agenda

- There were no revisions to the agenda.

Approval of March Minutes

- Motion was made to approve the March minutes as written. Motion was seconded. All in favor. Motion carried.

Announcements

- No announcements were made.

Brief Comments or Questions from the Public

- No comments from the public were made.

Executive Committee Report

- Chair Allen reviewed expenditures from last month.

A motion to move the budget forward to the Board of Directors for final approval. Motion seconded the motion. All in favor. Motion carried.

Director's Report

- JanRose provided the report.

Executive Committee Action Items

- No action items were brought forth by the Executive Committee.

Old Business

Retreat Update

- None

New Business

- 2025 Legislative Summit

The Subcommittee has met. A draft agenda has been formed. Speakers were determined. The event location has been confirmed. Maria is working with the venue to finalize the contract.

- Advisory Board Policies and ByLaws Approval

Chair Allen reviewed each Advisory Board policy. A motion to approve the policies as written and with minor changes. Motion was seconded. All in favor. Motion carried. Chair Allen reviewed the Bylaws with no changes made. A motion was made to approve the Bylaws as is. Motion seconded. All in favor. Motion carried.







Report from Advisory Board Members

- No reports given.

Reminder of Next Meeting

The next meeting is Tuesday, August 2, 2025

**North Sound Behavioral Health Administrative Services Organization
Advisory Board Budget
August 2025**

		All Conferences	Board Development	Advisory Board Expenses	Stakeholder Transportation	Legislative Session	Community Projects
	Total	Project # 1	Project # 2	Project # 3	Project # 4	Project # 5	Project # 6
Budget Expense Under / (Over) Budget	\$ 20,000.00	\$ 5,000.00	\$ 4,500.00	\$ 4,000.00	\$ 800.00	\$ 5,000.00	\$ 700.00
	(11,608.53)	\$ (2,088.78)	\$ (5,381.78)	\$ (1,623.67)		\$ (2,514.30)	
	\$ 8,391.47	\$ 2,911.22	\$ (881.78)	\$ 2,376.33	\$ 800.00	\$ 2,485.70	\$ 700.00
							
		All expenses to attend Conferences	Advisory Board Retreat/Summit	Costs for Board Members (meals mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events	Shuttle, meals, hotel, travel	

NORTH SOUND BH-ASO
AdBrd Transaction Detail by Account
August 2025

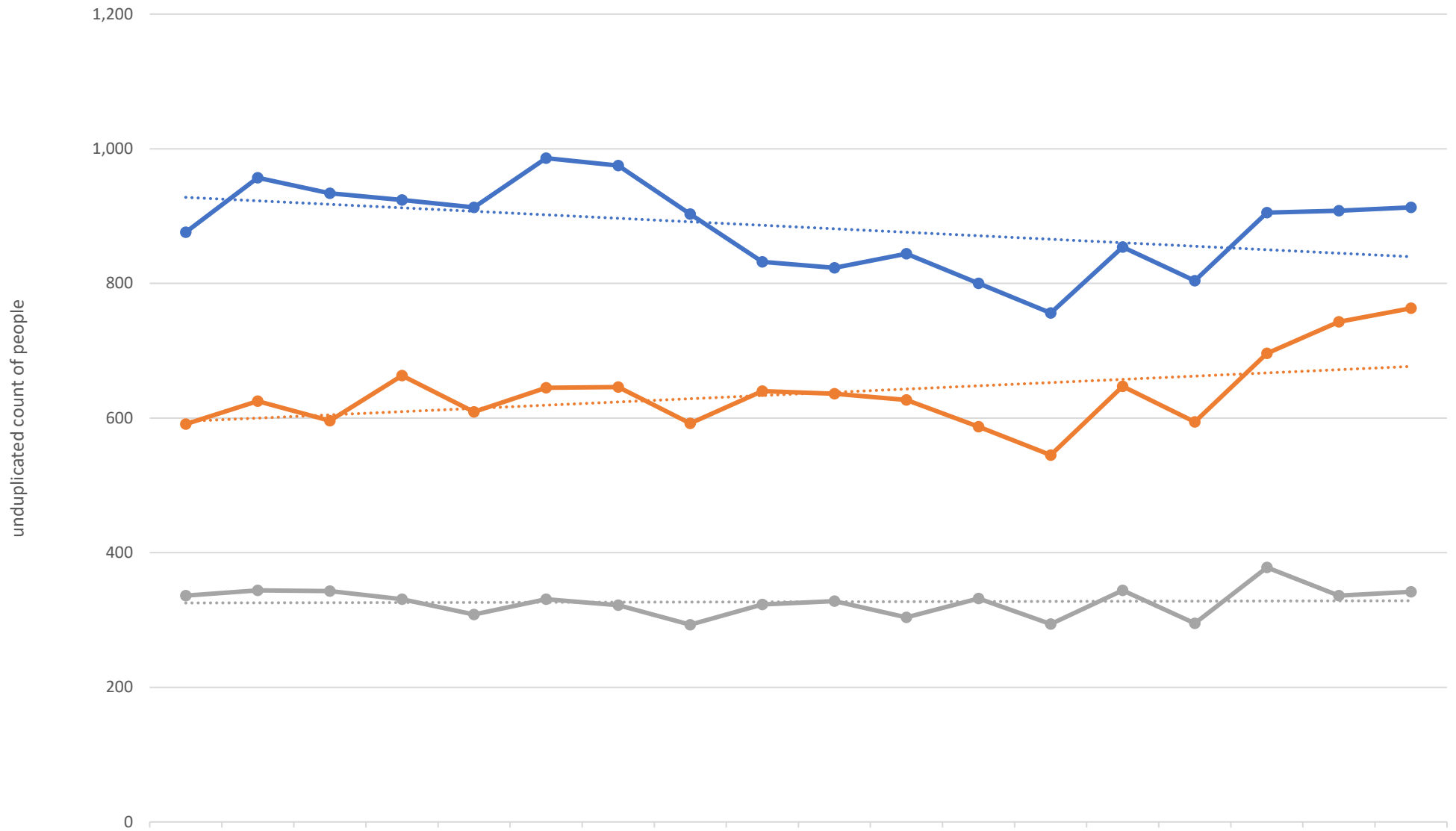
	Type	Date	Num	Name	Memo	Amount	Balance
TOTAL							0.00



North Sound Crisis System Dashboard

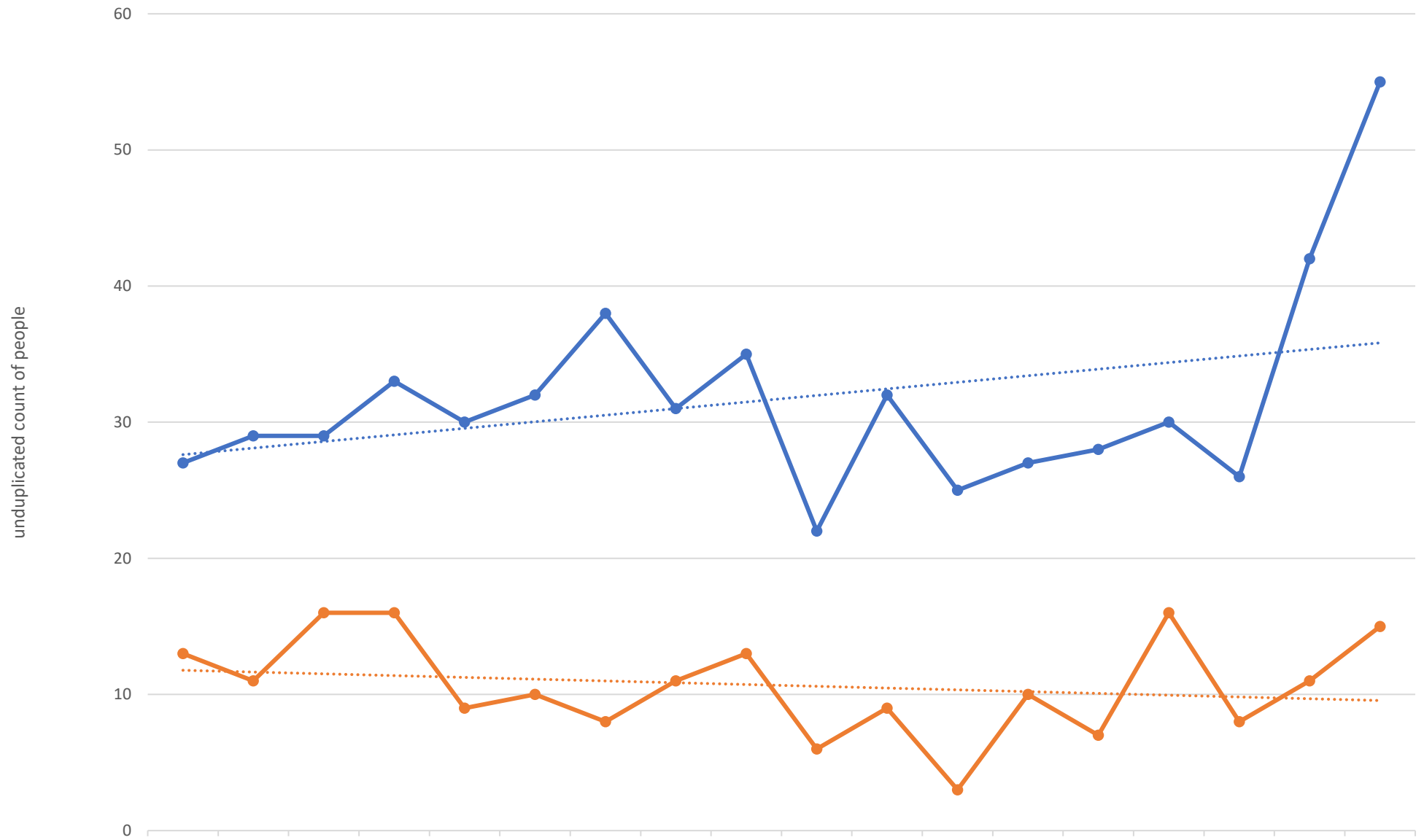
Page 2	Unduplicated People receiving a crisis system service
Page 3	Island - Unduplicated People receiving a crisis system service
Page 4	San Juan - Unduplicated People receiving a crisis system service
Page 5	Skagit - Unduplicated People receiving a crisis system service
Page 6	Snohomish - Unduplicated People receiving a crisis system service
Page 7	Whatcom - Unduplicated People receiving a crisis system service
Page 8	Region Designated Crisis Responder (DCR) Investigations
Page 9	Region DCR Investigation Referral Sources
Page 10	Region DCR Investigation Outcomes

Unduplicated People receiving a crisis system service



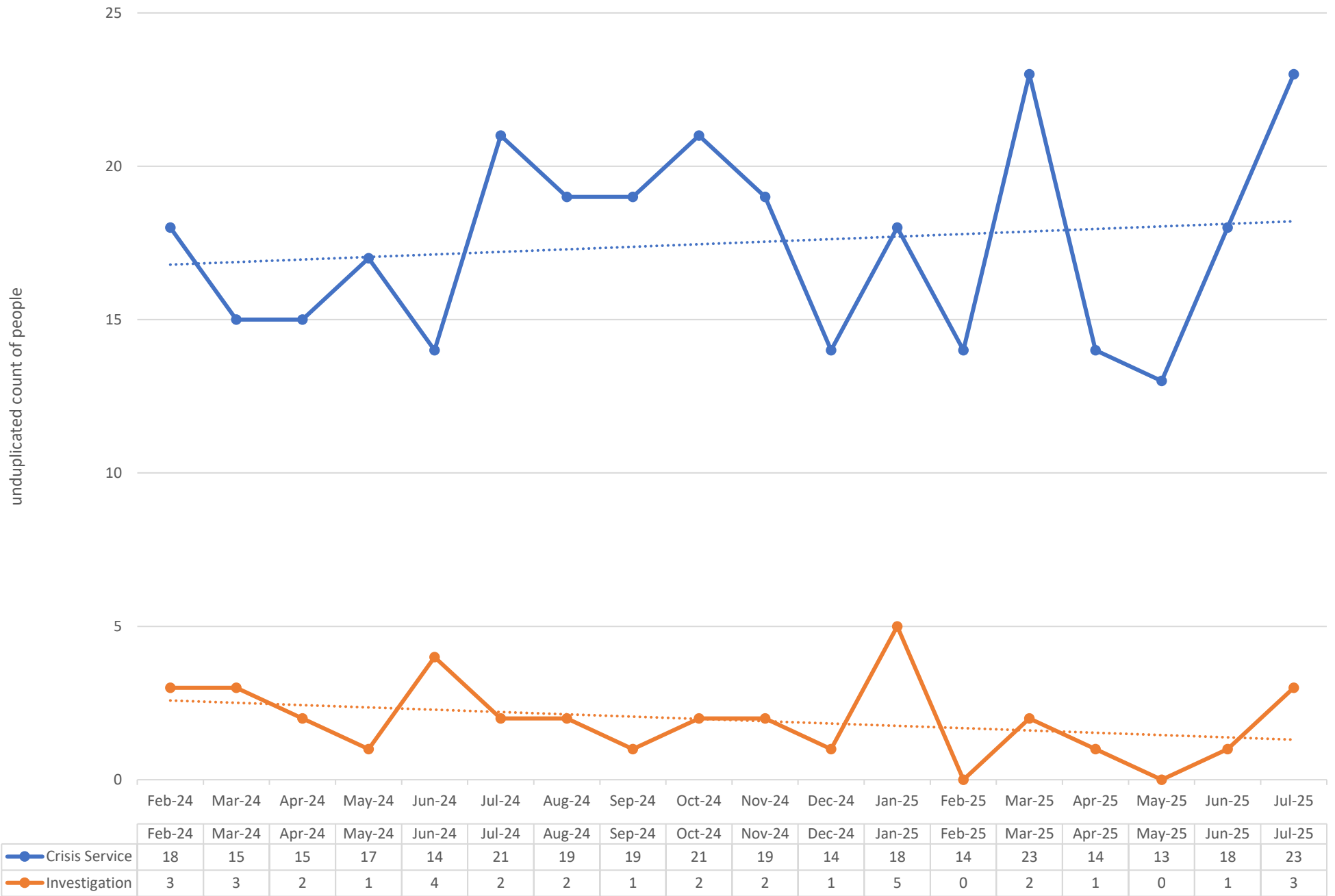
	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25
Crisis Call	876	957	934	924	913	986	975	903	832	823	844	800	756	854	804	905	908	913
Crisis Service	591	625	596	663	609	645	646	592	640	636	627	587	545	647	594	696	743	763
Investigation	336	344	343	331	308	331	322	293	323	328	304	332	294	344	295	378	336	342

Island - Unduplicated People receiving a crisis system service

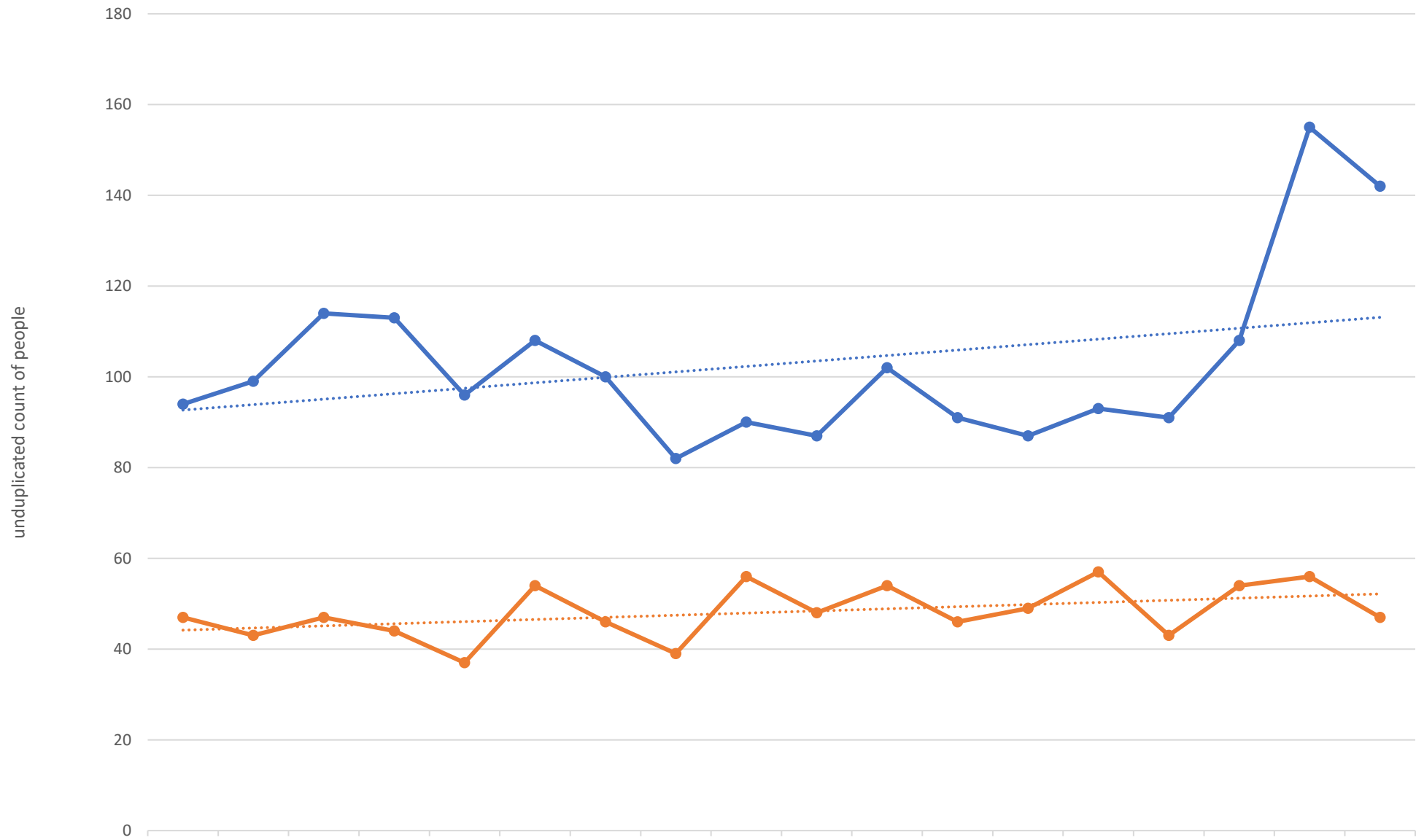


	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25
Crisis Service	27	29	29	33	30	32	38	31	35	22	32	25	27	28	30	26	42	55
Investigation	13	11	16	16	9	10	8	11	13	6	9	3	10	7	16	8	11	15

San Juan - Unduplicated People receiving a crisis system service

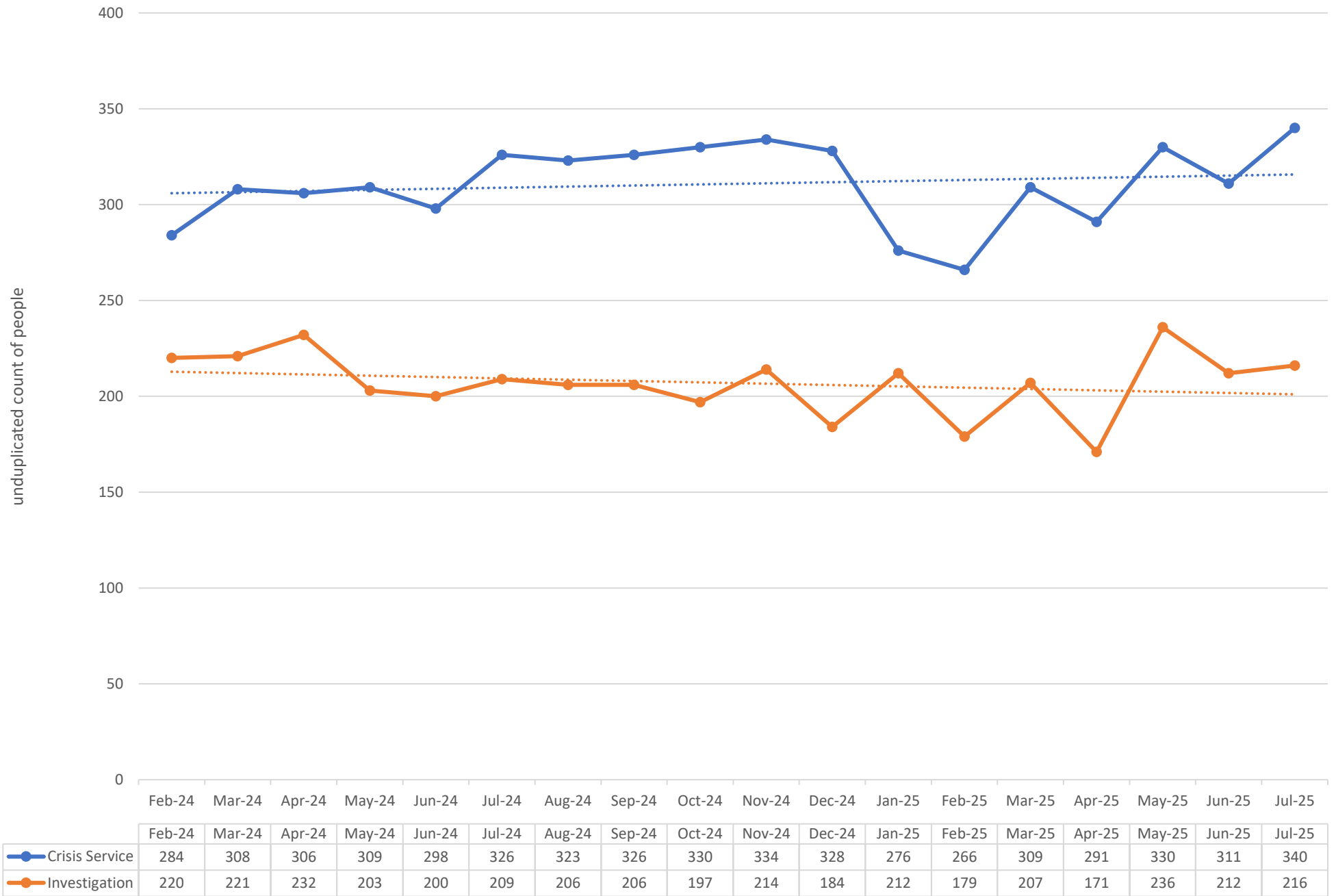


Skagit - Unduplicated People receiving a crisis system service

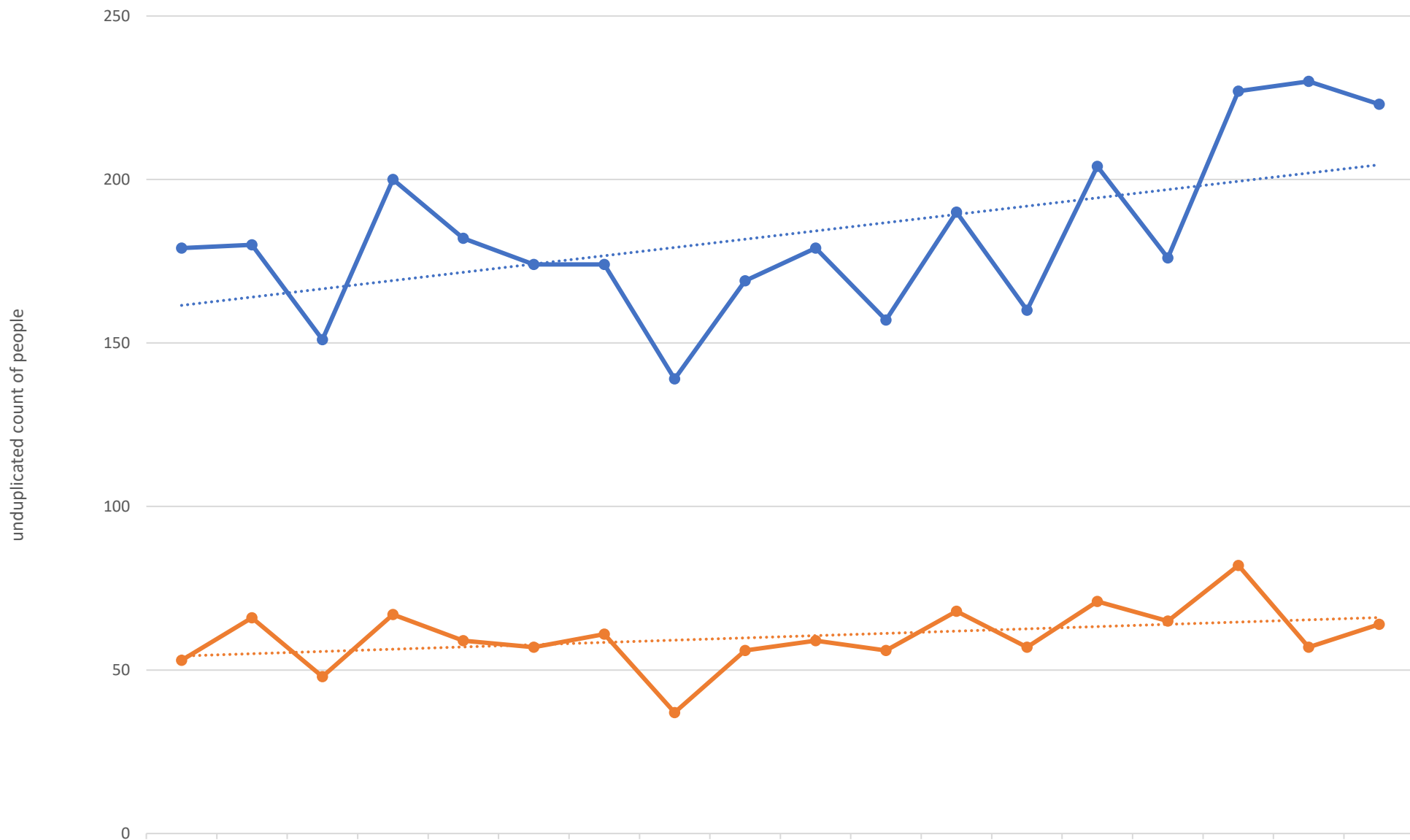


	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25
Crisis Service	94	99	114	113	96	108	100	82	90	87	102	91	87	93	91	108	155	142
Investigation	47	43	47	44	37	54	46	39	56	48	54	46	49	57	43	54	56	47

Snohomish - Unduplicated People receiving a crisis system service

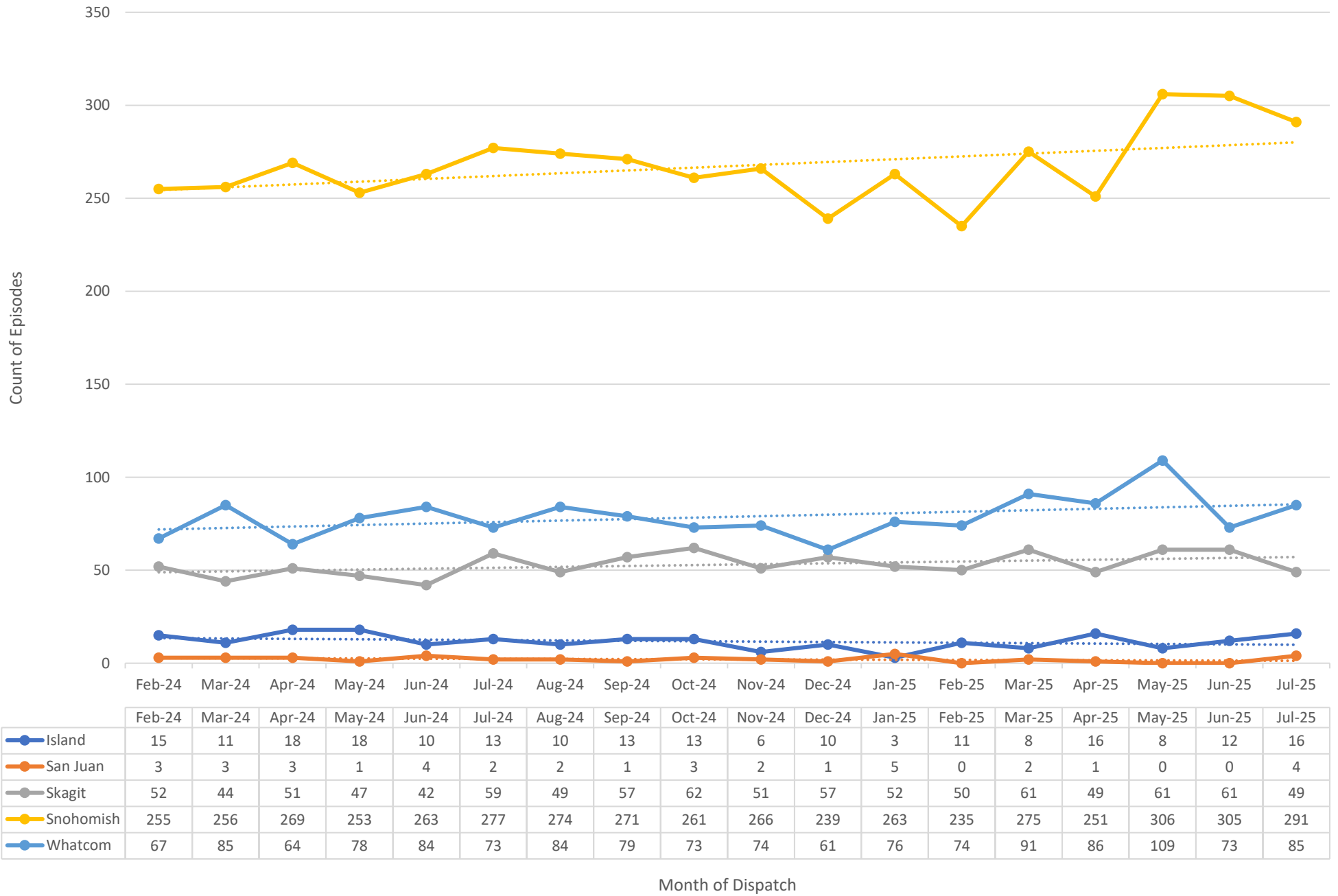


Whatcom - Unduplicated People receiving a crisis system service

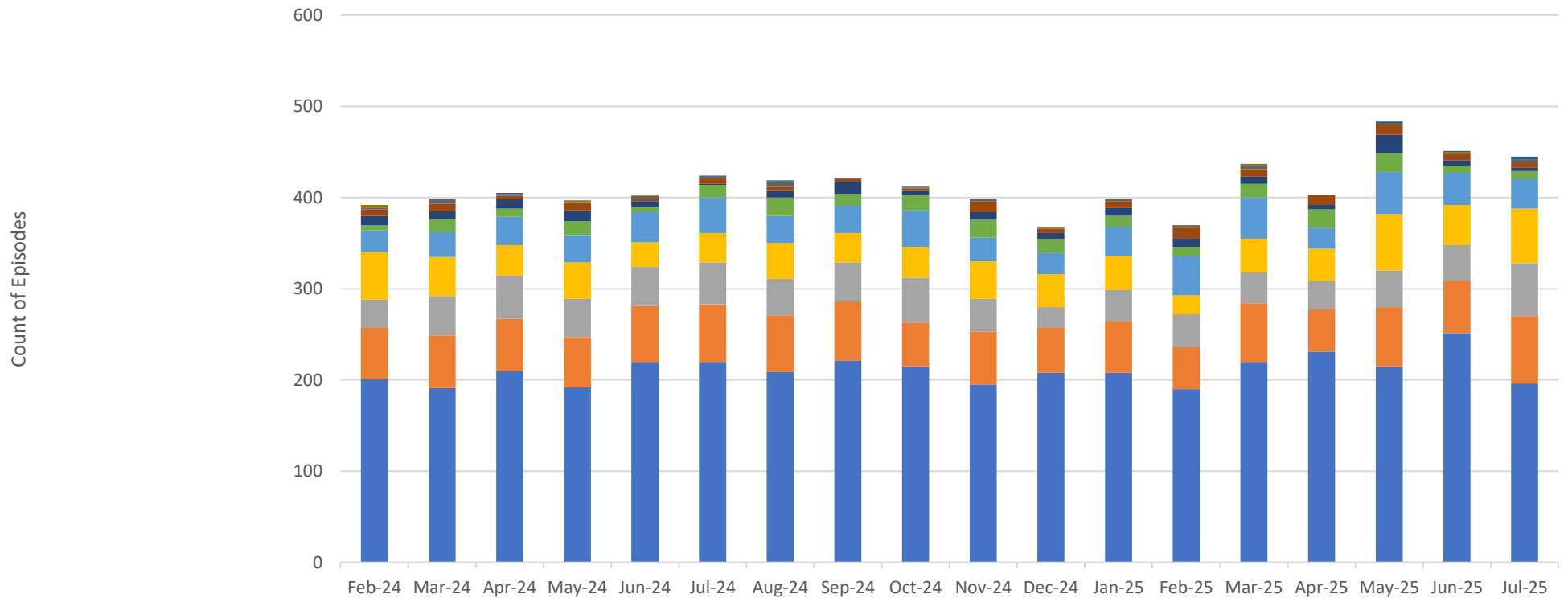


	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25
Crisis Service	179	180	151	200	182	174	174	139	169	179	157	190	160	204	176	227	230	223
Investigation	53	66	48	67	59	57	61	37	56	59	56	68	57	71	65	82	57	64

Region Designated Crisis Responder (DCR) Investigations



Region DCR Investigation Referral Sources

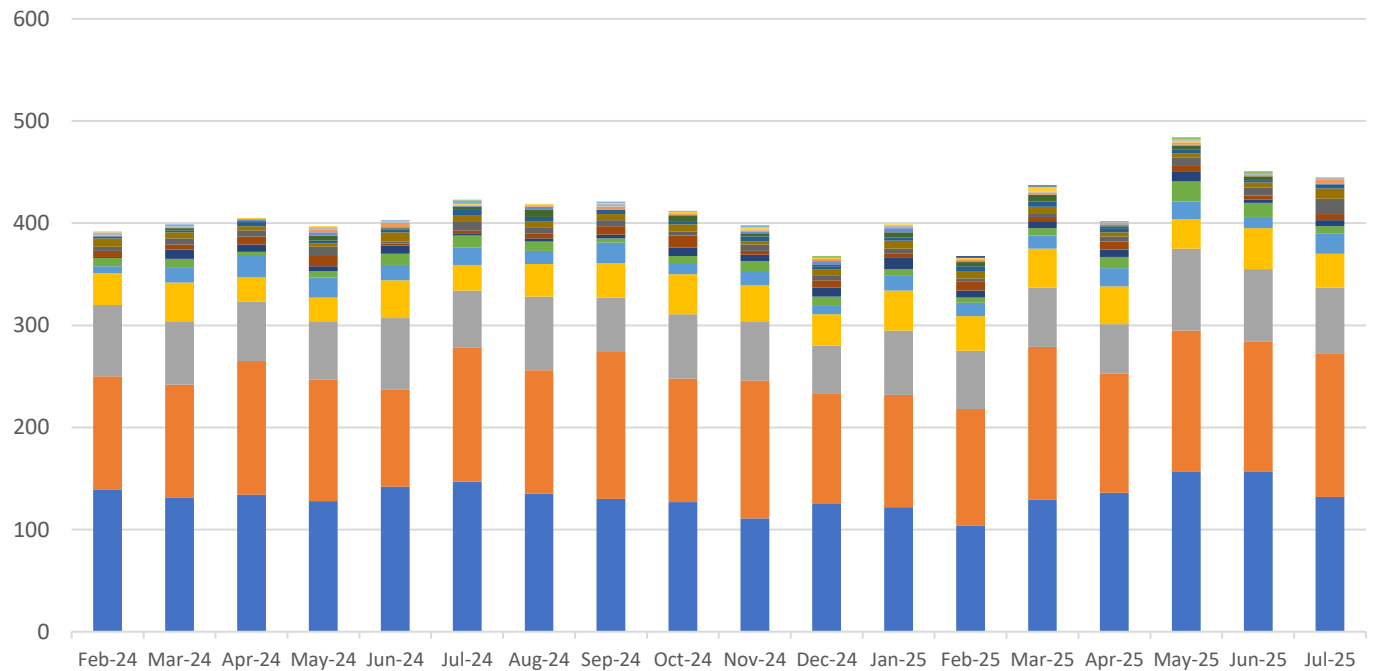


	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25
Impact Team Law Enforcement Referral	0	0	0	0	0	0	1	0	1	0	0	1	0	0	0	1	0	0
Referral from MCR to DCR	0	0	1	0	0	1	1	0	0	0	0	0	0	0	0	2	1	3
School	3	0	0	2	1	0	0	0	0	0	1	0	1	1	0	0	2	0
Community	2	6	2	1	3	2	5	1	1	3	1	2	2	5	0	0	0	3
Care Facility	7	8	4	8	3	6	5	3	3	12	5	7	12	8	11	12	7	6
Social Service Provider	10	8	10	12	6	1	7	13	4	8	6	9	9	8	5	20	6	4
Legal Representative	6	15	9	15	6	14	20	13	17	20	16	12	10	15	20	21	8	9
Professional	24	27	31	30	33	39	30	30	40	26	23	32	43	45	23	46	35	32
Other	52	43	34	40	27	32	39	32	34	41	36	37	21	37	35	62	44	60
Law Enforcement	31	43	47	42	43	46	40	43	49	36	23	35	36	34	31	40	39	58
Family	56	58	57	55	62	64	62	65	48	58	49	56	46	65	47	65	58	74
Hospital	201	191	210	192	219	219	209	221	215	195	208	208	190	219	231	215	251	196

Month of Dispatch

Region DCR Investigation Outcomes

Count of Episodes



	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25
■ Referred to chemical dependency residential program	0	0	0	0	0	0	0	0	0	0	0	0	2	1	0	0	0	0
■ No detention – Secure Detox provisional acceptance did not occur within statutory timeframes	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	2	2	0
■ Referred to sub acute detox	0	2	0	0	1	3	0	1	1	2	1	0	0	0	1	1	1	0
■ No detention - E&T provisional acceptance did not occur within statutory timeframes	1	0	1	1	1	1	1	1	1	2	1	1	1	4	0	2	0	0
■ Referred to acute detox	3	1	0	2	1	1	1	3	1	1	0	3	1	1	1	0	1	2
■ Referred to chemical dependency inpatient program	0	1	0	3	4	0	1	3	1	1	2	0	1	2	1	2	1	4
■ Referred to chemical dependency intensive outpatient program	1	0	2	3	1	1	3	0	1	2	4	4	1	0	2	1	0	1
■ Referred to crisis triage	0	2	1	5	1	3	7	0	5	3	1	5	4	7	2	4	4	0
■ No detention - Unresolved medical issues	2	2	4	3	3	5	4	4	3	5	3	3	5	5	4	4	2	4
■ Filed petition - recommending LRA extension.	8	6	4	3	9	6	6	6	7	3	6	8	7	6	4	4	5	10
■ Returned to inpatient facility/filed revocation petition.	4	6	6	9	2	9	6	6	4	6	5	5	3	4	5	7	8	15
■ Detention to Secure Detox facility (72 hours as identified under 71.05)	6	5	8	10	2	3	5	8	12	4	7	4	9	4	8	6	4	6
■ Referred to non-mental health community resources.	1	9	7	5	8	2	3	4	8	6	9	11	7	7	7	10	3	6
■ Non-emergent detention petition filed	8	8	4	6	11	12	9	4	8	10	9	6	5	7	11	20	14	7
■ Did not require MH or CD services	7	15	21	20	15	17	13	20	10	14	8	15	13	13	18	17	11	20
■ Referred to voluntary inpatient mental health services.	31	38	24	23	37	25	32	34	39	35	31	39	34	38	37	29	40	33
■ Other	70	62	58	57	70	56	72	53	63	58	47	63	57	58	48	80	71	65
■ Referred to voluntary outpatient mental health services.	111	111	131	119	95	131	121	144	121	135	108	110	114	150	117	138	127	140
■ Detention (72 hours as identified under the Involuntary Treatment Act, RCW 71.05).	139	131	134	128	142	147	135	130	127	111	125	122	104	129	136	157	157	132

Month of Dispatch